

**Cata Isle Mime Theatre was founded in late 2008 by Astrid Adler.**

**Cata Isle Mime Theatre combines mime with elements of puppeteering, using a minimum of simple props. Poured into sound and light and make believe it shows you that everything is possible on stage.**

**Cata Isle Mime Theatre pushes the boundaries of Irish theatre.**

**REFRESHING THEATRE TO SEE AND WORK WITH**

## SHOWS BY CATA ISLE MIME THEATRE

- Street Acts and shows for festivals
- Shows for small children
- Shows for families
- Specially tailored shows around a theme
- Fashion show mime
- Shows preceded by a basic workshop, to ensure high participation of the audience on stage

For current details on shows please visit [www.catamime.com](http://www.catamime.com)

### TECHNICAL INFORMATION

**Time frame:** 15 minutes - 2 x 45 minutes

**Equipment:** Cata Isle Mime Theatre has the equipment (lights, curtains, 20+ chairs) to cater for community halls, schools, pubs, street, etc.


### THEATRES PLEASE CONTACT

[info@catamime.com](mailto:info@catamime.com) for technical details on current shows or visit [www.catamime.com](http://www.catamime.com)

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## COURSES & WORKSHOPS

Cata Isle Mime Theatre facilitates courses and workshops tailored to the needs of:

- primary and secondary schools
- youth theatre
- health and disability sector
- summer camps
- theatre groups

Longer courses can result in shows.

# CATA ISLE MIME THEATRE

## THEATRE SKILLS

Cata Isle Mime Theatre communicates following skills:

- Enhancing physical acting
- Character forming
- Expressing full range of emotions
- Body awareness
- Anatomy
- Space awareness
- Mime techniques
- Improvisation and play
- Performing skills
- Physical learning
- Finding different theatrical solutions
- Enhancing originality and vision

Cata Isle Mime Theatre can be hired to assist directors on the aspect of physicality with their current play.